

Kids beyond limits

NEUROMOVEMENT®

NeuroMovement® - retreat - vacation

17-24 October 2026



Kids beyond limits

In the autumn, the third edition of "Kids Beyond Limits" will take place: a NeuroMovement® retreat for children up to 18 years old. The location? The beautiful Spanish island of Mallorca.

Our retreat program combines the best of two worlds: a NeuroMovement® intensive for your child and an all-inclusive sunny holiday for the (entire) family. We would love to share this special experience with you. How valuable is it to support your child in their development, while creating cherished moments together and returning home recharged?

NeuroMovement® is an innovative movement method that supports the brain in recovering and improving physical and cognitive functions. This method, developed by Anat Baniel, uses subtle movements to activate unused

neural pathways in the body and brain. The approach is based on neuroplasticity: the brain's ability to create new connections for movement and learning. Although this process continues throughout life, the brain is most plastic during childhood.

Juan Carlos Concha, Ann Iren Glimsdal and Corine Buijsman will jointly provide a series of 10 lessons, with sufficient rest and relaxation in between. This creates optimal conditions for your child's development.

For whom?

The retreat is intended for children up to 18 years old and their parents/family members. NeuroMovement® is suitable, among others, for children with:

- **Cerebral Palsy**
- **Autism**
- **ADD/ADHD**
- **Brachial Plexus injury**
- **Brain injury**
- **Genetic conditions**
- **Global developmental delay**

Prices

Travel party	Accesible bungalow (3pers)	Regular bungalow (4pers)
1 adult + 1 child	€ 3.300	€ 3.300
1 adult + 2 children	€ 3.300	€ 3.300
2 adults + 1 child	€ 3.600	€ 3.600
2 adults + 2 children	X	€ 3.825
3 adults + 1 child	X	€ 4.015

Program overview

In addition to the NeuroMovement® lessons for the children, we are organizing an inspiring workshop specifically for parents this year.

During this session, we will introduce you to the vision behind NeuroMovement® and give you a better understanding of how the brain can learn and develop through movement and attention. You will receive clear explanations and will also be able to experience this yourself during a short mini movement lesson. This will help you understand and give you a bodily experience of what your child might feel in the lesson.

In addition, we will share more about what your child will be offered during the retreat: how the lessons are structured, what we expect from parent(s) during the

sessions, and you will learn more about the 9 principles of NeuroMovement®.

The week offers plenty of opportunities to meet other parents and to share valuable experiences, knowledge, and connections.

Accommodation

The highly accessible, single-level Hotel Valentin Playa de Muro forms the ideal base for exploring Mallorca or for fully unwinding at the nearby, equally accessible beach—just a three-minute walk away. You will stay on a half-board basis, including a delicious breakfast and dinner. You can choose between an adapted 3-person bungalow (30 m²) or a standard 4-person bungalow (30 m²). The spacious swimming pool is also comfortably accessible via a ramp, allowing everyone to enjoy it to the fullest.

Weekly overview

Sat 17 oct: arrival at the hotel

Sun 18 oct: free day, to be arranged individually

Mon 19 oct: 2 lessons + parent workshop

Tue 20 oct: 2 lessons

Wed 21 oct: 2 lessons

Thu 22 oct: 2 lessons + group dinner

Fri 23 oct: 2 lessons

Sat 24 oct: end of retreat, departure from hotel

Included

- 8 days half-board accommodation
- 10 NeuroMovement® sessions
- Workshop for parents

Not included

- Flights and car rental
- Activities during free time
- Travel and cancellation insurance

Remarks

- Space for a maximum of 10 children
- Retreat will take place with a minimum of 6 participants
- Go/no-go deadline is 1 July 2026



NeuroMovement®
Intensive - 10 lessons



Private bungalow
*** resort at the beach



Explore Mallorca
Family holiday in the sun



Experience
Workshop for parents



Connecting
With parents and children

Meet the team



Get to know the team of practitioners with years of experience working with children with disabilities.



Juan Carlos Concha - ABM practitioner

My name is Juan Carlos Concha. I am a certified ABM or NeuroMovement® practitioner (science based and state of the art hands-on application on brain plasticity). In my practice across the world, I use touch and movement since 2011 to unfold the natural tendency of the brain to create new patterns of functioning, helping children and adults to grow beyond their pain and limitations.



Ann Iren Glimsdal - ABM practitioner

I am an ABM NeuroMovement® Practitioner based in Ålesund, Norway. The last 10 years my work and interest have centered around movement and facilitating learning for adults and children. I love NeuroMovement® because it honors each persons unique way of developing. It creates the space to safely connect to ourselves, others and life in general. I look forward to connecting with you all.



Corine Buijsman - ABM practitioner

With my background as a psychomotor therapist and experience in swimming with children with motor disabilities, I have long been fascinated by movement. The scientific foundation of NeuroMovement®, the principles of brain plasticity, and the remarkable results achieved with this approach motivate me to help children with disabilities reach their developmental potential. I have been doing this since 2018 in my own practice.



Laura Jorissen - Host

I am Laura Jorissen, a proud mother of two sons. Eight years ago, we were introduced to NeuroMovement® during our search for ways to support the development of our eldest son. Over the past two years, we have participated in this Mallorca retreat, and we have experienced the valuable contribution it has made to both my son's development and our family as a whole.

For questions about and/or registration for the retreat, I can be reached via:

info@laurajorissen.nl of +31 6 166 766 20

An aerial photograph of a rugged coastline. A large, prominent mountain peak with a sharp summit dominates the left side of the frame. The mountain is covered in sparse green vegetation and rocky terrain. To the right, a bay or cove is visible, surrounded by steep, rocky cliffs. The water in the bay is a deep, dark blue. In the foreground, a rocky cliff edge is visible, covered with dense green trees and shrubs. The sky is a clear, pale blue with a few wispy clouds near the horizon.

NEUROMOVEMENT® MALLORCA

<https://www.laurajorissen.nl/kids-beyond-limits-retreat>